



WELCOME TO ISH!

Useful information & recommendations from the PTA

GROCERIES AND SHOPPING CENTERS

PALCO

Av. 5ta y 186
Often has better dairy selection,
small florist inside. Open till 9pm

70 y 3ra

Av. 3ra, E/68 y 70, Miramar
Decent Cuban quality butcher.
Hardware and liquor store. Can
buy Mars brand candies at
counter in front.

La Puntilla

End of Av. Ira, Miramar
Multi-level Store. Groceries,
hardware, clothing. Housewares
and toys. Smaller store across the
street.

Galeria Paseo

Across from the Melia Cohiba.
Small Grocery store, Florist,
Housewares

Dos Gardenias

Av. 7ma y 28, Miramar
Multi store/venue complex.
Bakery at exterior entrance. Good
Liquor store inside.

42 y 5

5taB, E/40 y 42, Miramar

AGROMERCADOS

The Agros sell seasonal produce as well as meat, eggs, rice, beans and flour. Prices are all in CUP, Moneda Nacional. But both CUC and CUP can be used.

19 y B, Vedado

This agro sells flowers, fruits,
vegetables, juices, eggs, and
meats.

42 y 19, Miramar

This agro sells flowers, fruits,
vegetables, juices, eggs, and
meats.

HOSPITALS

Clinica Central

Cira Garcia

Calle 20 No. 4102, Esq. a 41
Miramar, Playa
Tel: 7204 2811, 7204 2402

CIMEQ

Calle 216 y 11-B
Siboney, Playa
T: 7273 6548

Instituto de Medicina

Tropical Pedro Kourí -IPK

Avenida Novia del Mediodía
KM 6 1/2, La Lisa
T: 7202 0430 al 44

Hospital Materno Ramon Gonzalez Coro

Calle 21, Esq. a 4, Vedado
T: 7838 2613, 7833 9302

Instituto de Cardiología y Cirugía Cardiovascular

Calle 17 No. 702 entre A y Paseo,
Vedado
T: 7830 7250, 7838 2661/6003

RESTAURANT SUGGESTIONS

A comprehensive list is available at lahabana.com

BELLA CIAO

Italian

Calle 19 y 72

Playa

T: 7206 1406

CAFÉ LAURENT

Spanish/ Mediterranean

Calle M No. 257, entre 19 y 21,

Vedado

T: 7832 6890

DOÑA EUTEMIA

Traditional Cuban Creole

Callejón del Chorro No.

60C Plaza de la Catedral,

Habana Vieja

T: 7861 1332

NERO DI SEPIA

Italian

Calle 6 #122 e/1 y 3

Miramar

T: 5478 7871

LA GUARIDA

International

Concordia 418 entre Gervasio y

Escobar, Centro Habana

T: 7866 9047

CORTE DEL PRÍNCIPE

Italian

9a esquina 74, Playa

T: 5255 9091

BVCC

Indian

Esq. Tejadillo y Cuba

Habana Vieja

T: 7862 7379

SAN CRISTOBAL

International Cuisine

Calle San Rafael #469, Habana

Centro

T: 7860 1705

NAZDAROVIE

Soviet

Malecon #25, E/ Prado y Carcel

Centro Habana.

T: 7 860 2947

O'REILLY 304

International Cuisine

Calle O'Reilly No 304, Habana

Vieja.

T: 7836 0206

VIP HAVANA

Mediterranean Cuisine

Calle 9na e/ E y F No. 454,

Vedado

T: 7832 0178

RÍO MAR

International

Ave. 3raA y Final #11, La

Puntilla, Miramar

T: 7209 4838

EMERGENCY TELEPHONE NUMBERS

Police

T: 106

Fire department

T: 105

Information

T: 113